



TORONTO EAST
GENERAL HOSPITAL
FOUNDATION

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SPRING NEWSLETTER 2012



Generous benefactors Peter and Diana Thomson join Teresa Vasilopoulos, President TEGH Foundation, and Michael Burns, Chair, TEGH Foundation

Visionary Support Building a Bright Future

"The future has never been brighter for Toronto East General Hospital and we can't thank the Thomson Family enough for their support."

*Michael Burns
Chair, TEGH Foundation*

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Please donate – www.tegh.on.ca



Message from the Chair



Every once in awhile, a truly extraordinary philanthropic gesture transforms care for hundreds of thousands of people. I am humbled, and beyond grateful, to announce that Diana and Peter Thomson have made a transformational gift of \$5-million dollars - in honour of Peter's parents, Ken and Marilyn Thomson. Their gift will establish the new Ken and Marilyn Thomson Patient Care Centre at Toronto East General Hospital.

The new Ken and Marilyn Thomson Patient Care Centre will be a beacon for health care excellence and a visible expression of our Hospital's status as one of Canada's most caring and best-managed hospitals.

This extraordinary gift means much more than just an investment in bricks and mortar. The investment in this critical redevelopment attests that there are champions in our country who believe in providing the best possible health care to every resident of our diverse neighbourhoods.

Diana's and Peter's inspirational support will raise awareness of our Hospital. Through their leadership and generosity, Peter and Diana have set a singular example and have demonstrated the power of individuals to effect remarkable change. We are profoundly grateful for their magnificent gift.

Michael Burns

Michael Burns
Chair, TEGH Foundation

Introducing the Ken and Marilyn Thomson Patient Care Centre



Thanks to a generous gift from Peter and Diana Thomson, Toronto East General Hospital will establish the *Ken and Marilyn Thomson Patient Care Centre* in honour of Peter's parents.

As the focal point of the TEGH redevelopment, the Ken and Marilyn Thomson Patient Care Centre will accommodate the most advanced medical technology, the highest standards of infection control and provide superior privacy and comfort for our patients and families. The new state-of-the-art facility will accommodate 280 new medical and surgical beds, and improve accessibility by consolidating our countless outpatient programs into a single, convenient location.

"Toronto East General Hospital is our local hospital, the place where our daughter was born, and a vital part of East Toronto's diverse communities," said Peter Thomson. "Diana and I are proud of the Hospital's history and accomplishments. We are delighted to support its mission to care for and improve the lives of the families it serves."

"I know how important this expansion is to the people of this community and I'm proud to see it move forward. For area residents, these new upgrades mean faster and easier access to high quality health care services much closer to home." - Deb Matthews, Minister of Health and Long-Term Care

I Give Because...Our Community Needs TEGH!



Dorothy Cobb

After 53 years of working and volunteering for Toronto East General, Dorothy Cobb is more than just a friend to TEGH – she is an integral part of our TEGH family.

I've been with TEGH for so many years that the Hospital

has become part of my family. I have seen TEGH grow up and become a vital part of our community and our neighbourhood.

It's this sense of family that has inspired Dorothy to leave a Bequest to TEGH. When her husband Dyke became

ill and passed away the TEGH family rallied around Dorothy, providing outstanding care for him and tremendous support for her. Thanks to the excellent level of care from TEGH, Dorothy and Dyke made the decision to leave a lasting legacy to TEGH through a gift in her Will.

It was important for me to honour Dyke's wishes and ensure that the future remains bright for Toronto East General Hospital. Our gift is a small way to help the Hospital continue to provide great care to the community, attract the best staff and take care of the many seniors who depend on TEGH.

For more information on leaving a gift in your Will to Toronto East General Hospital, please contact Debbie Owen, Planned Giving Officer at 416.469.6580 ext. 2161 or by email at downen@tegh.on.ca

"The Great One" visits a Great Hospital

Wayne Gretzky is known worldwide for the way he revolutionized hockey. So it was only fitting that "The Great One" was on hand to help unveil how robotic surgery will revolutionize Toronto East General Hospital.

Using the same hands that scored countless goals in the NHL, Gretzky took control of the Da Vinci Surgical System (The Robot) – a robotic apparatus that will be used to treat patients with prostate cancer by allowing surgeons to remotely perform minimally invasive surgery.



Wayne Gretzky and Dr. Rajiv Singal



Rod Black, Gordie Howe, Wayne Gretzky and Michael Burns

The da Vinci System puts TEGH at the leading edge of medical technology. The Robot will be part of a unique partnership with Sunnybrook Hospital, with surgeons from both medical centres sharing the device, which will be located at TEGH.

Our Hospital will become the training ground for the next generation of robotic surgeons.



Grateful Patient Quotes

Above All We Care

At Toronto East General Hospital providing outstanding and compassionate care is what we do best!

Thanks to you, our doctors, nurses and staff were given a warm reminder this holiday season of how much that care means to the countless families and patients we see every year. As part of the grateful patient program, many of you shared your appreciation and gratitude to the outstanding team at TEGH!



A Special Holiday Wish

I thank the hospital for all the care my family and I received over the years.

Supports Toronto East General Hospital



A Special Holiday Wish

My wish is to thank the doctors & nurses that do wonderful work and we are lucky to have them.

Supports Toronto East General Hospital



A Special Holiday Wish

Thank you to TEGH for all the assistance provided to me and our community in 2011

Supports Toronto East General Hospital



A Special Holiday Wish

Thanks to the wonderful team at TEGH during the time I spent there this year.

Supports Toronto East General Hospital



If you are a grateful patient and would like to make a donation in honour of a physician or staff member, please contact Linda Henry at lhenr@tegh.on.ca or 416.469.6580 ext. 6544

What's new at TEGH

Quality care at your finger tips

Imagine receiving the very best elements of hospital care in the comfort of your own home

For many patients discharged from Toronto East General Hospital, 24-hour access to a doctor and a highly skilled team of health care providers is right at their fingertips.



Karen Cook, a Virtual Ward Nurse Case Manager, at the desk talking with a patient on the phone

This is the TEGH “**Virtual Ward**” and it is revolutionizing the way we care for some of our most vulnerable patients.

By taking the very best of hospital care and applying it to patients living in their own homes, the “**Virtual Ward**” brings together a tightly coordinated and multidisciplinary health care team that provides a seamless transition from hospital to home – creating fewer hospital re-admissions and improving the quality of care for all our patients.



VW team members – (from left to right) Joanne Fulton: Clinical Coordinator; Karen Cook: Nurse Case Manager; Dr. Sam Tirkos: SETFHT (South East Toronto Family Health Centre) and VW Physician and Dr. Tia Pham: SETFHT (South East Toronto Family Health Centre) and Physician lead for the Virtual Ward.

10 Years of Heart Care - Close to Home

December 12th marked the 10 year anniversary of the Cardiac Catheterization Lab at TEGH. The lab, which provides patients with angiograms to detect heart blockages, has made it possible for our doctors and nurses to make life-saving diagnoses in a matter of minutes.

While the Cath Lab has made things easier for patients at the Hospital, those needing an angioplasty to remove a blockage still needed to be transferred to downtown hospitals for that procedure.

The Ministry of Health has recently approved a pilot project allowing TEGH to provide angioplasty right here at the Hospital.

If successful TEGH will begin fundraising to enable the Hospital to bring these angio services to the Hospital for the best possible care closer to home.

Capital Equipment Highlight

Patients requiring dialysis for end stage renal disease visit the Haemodialysis Unit at TEGH three times a week for at least four to five hours at a time. These patients are required to be seated for the duration of their treatment so having comfortable chairs is important. Unfortunately, many of our dialysis chairs are outdated and not functioning well. We urgently need your support to purchase 16 dialysis chairs at a cost of \$5,000 per chair so we can continue to provide outstanding care to more than 50 hemodialysis patients each day.

If you would like to help, contact Linda Henry at 416.469.6580 ext. 6544.



Laughter is the Best Medicine

Featuring
Emmy and Golden Globe Award
winner and entertainment icon
Jerry Seinfeld

Hosted by **Will Arnett**
Star of *Up All Night* &
Arrested Development

Toronto East General Hospital Presents
LAUGHTER IS THE BEST MEDICINE
First Annual Comedy Gala 2012
Thursday, April 12, 2012

Join us for a night of epic comedy, hosted by Will Arnett and featuring entertainment icon Jerry Seinfeld.
<http://foundation.tegh.on.ca/gala/index.php>

For more information please contact:
Sue Moffatt 416.469.6580 ext. 6671
or smoff@tegh.on.ca

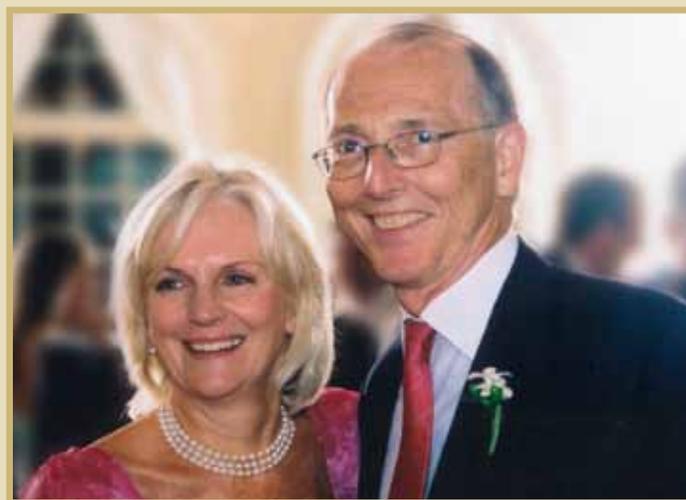
Will Arnett returns home to host a special night of comedy for a great cause

TEGH was thrilled when Will Arnett agreed to host our first *Laughter is the Best Medicine* comedy gala and raise funds for TEGH's vital redevelopment project. Our hometown comedy star, who grew up not far from the Hospital and graduated from Leaside High School, was moved by the opportunity to honour his parents, Jim and Alix, in this way and to support a Hospital which had been such an important part of his family for so many years. Clearly, Will adheres to the longstanding Arnett family ethos of giving back to the community.

In recognition of Will's magnanimous appearance to host our inaugural comedy gala fundraiser and to honour his parents, the Hospital will dedicate an area in the new Ken and Marilyn Patient Care Centre in the Arnett family name.

Alix and Jim have particularly strong ties to Toronto East General Hospital.

Jim served on the Hospital Board from 2002 through 2009, with two years as Chair from 2006 to 2008, a critical time in TEGH's development. Strong, committed leadership is essential for success and TEGH found that leadership in Jim. He and his colleagues were instrumental in setting the direction for the future growth of the Hospital and the health care excellence TEGH delivers to patients.



Alix and Jim witnessed that excellence first-hand, when Alix's parents were patients here. Alix's mother underwent two successful surgeries at TEGH and her father had a knee replacement at age 83. "It was the most wonderful thing," said Alix. "He was kicking and dancing until his death at 97."

The Arnetts have now been passionate supporters of Toronto East General Hospital for more than a decade. Jim said, "Health care is very important to our family and we have the utmost appreciation of the role of the people who work and volunteer in health care. We believe strongly in TEGH and in partnering with this Hospital to ensure that good health care is available and accessible in the community. TEGH is a recognized leader in medical teaching and community health care; it is well-managed and well-deserving of support."

Past and Upcoming Fundraising Events



GreekTown on the Danforth BIA Donation

The GreekTown on the Danforth BIA and Pilaros recently announced their newest commitment to TEGH by pledging a \$250,000 donation towards the new Paediatric Ambulatory Clinic. Ken Reid from Sportsnet and Dr. Anthony Duke thanked GreekTown and Pilaros Taste of the Danforth for their generous support.

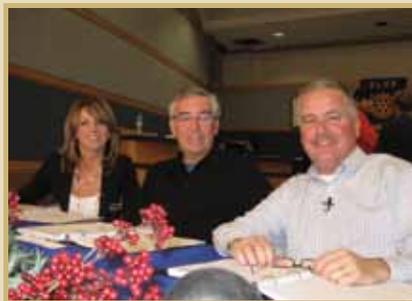
Photo: Greektown on the Danforth BIA Chair, Constantine Voidonoulas and Pilaros President, Miltiadis Antypas, Ken Reid of Sportsnet and TEGH Physician, Dr. Anthony Duke.

54 Division Golf Tournament

The Toronto Police Service 54 Division services a large area around the Hospital and TEGH was delighted to be the beneficiary of the third 54 Division Golf Tournament. While they serve and protect, they also demonstrate their care for patients.



Justin Van Dette, Roger Peterson, Ken Reid & Anthony Farnell



East York Rotary continues their support for TEGH

The 31st annual Rotary TV Auction took place in November raising funds for a number of local charities including TEGH. A number of VIPs dropped by to help out the many dedicated Rotary Volunteers, including Barb DiGiulio from the Fan 590/680 News.

Vancouver Canucks visit TEGH

TEGH-born Chris Tanev (far left) and Cody Hodgson (far right), members of the Vancouver Canucks Hockey Club, recently dropped by to visit patients in the Hospital's Child and Adolescent Mental Health Unit. At TEGH, we are committed to providing a specialized, hospital-based service for children, youth and families experiencing mental health crises. Building on the strengths each child and family bring to the treatment process, our focus is on assessing and stabilizing the crisis and on helping the child and family develop the tools they need to move forward.



Shoppers Drug Mart Tree of Life



On September 12th, 2011, Mayor Rob Ford, John Tory from Newstalk 1010 and Meteorologist Anthony Farnell from Global Toronto joined local Shoppers Drug Mart owner John Papastergiou to launch the Shoppers Drug Mart Tree of Life Campaign. In four weeks over \$24,000 was raised to support women's health and cancer care at TEGH.

Save the Date for:

18th Annual TEGH Golf Classic

Monday, June 11th, 2012. Scarboro Golf & Country Club

East York Old Boys Golf Tournament

Monday, August 27th, 2012. The Summit

For more information please contact Shannon De Mello 416.469.6580 ext. 2085 or sdeme@tegh.on.ca

Message from Financial Planner and Joseph Harris Society Member, Aileen Pollack

Many people would like to donate more to their favourite charity but may feel financially unable to do so. Life insurance can help. Not only can life insurance provide individuals with an affordable means to leave a very substantial gift to their charity, it also provides you, the donor, with significant tax benefits.

There are several choices when you give a gift of a life insurance policy to a charity:

- You can purchase the insurance yourself and name the charity as beneficiary (at your death, the insurance company pays the policy's proceeds directly to your charity and your estate receives a charitable donation receipt to offset estate taxes, leaving more for your heirs)
- You can own the insurance yourself and name your estate as beneficiary and provide direction in your Will to gift the funds (upon your death, your executor directs the chosen amount of your donation to your charity and a donation receipt is issued by the charity to offset estate taxes, again, leaving more for your heirs)
- You may choose to make the charity the owner of the insurance policy and you pay the premiums on the charity's behalf (each year you pay a premium, you will receive a charitable donation receipt from the charity to offset current taxes and upon your death the insurance company will pay the proceeds directly to the charity)

Each of these options provides the charity with the policy's proceeds when you die.

Not only will you achieve peace of mind knowing your gift will make a difference, but you will also receive the tax benefits outlined!

Aileen A.A. Pollack, RFP, CFP, CLU, ChFC. Aileen runs her own financial planning practice and volunteers on the TEGH Foundation Planned Giving Committee. She is also a member of the Joseph H. Harris Society of TEGH.

For more information on leaving a gift of life insurance to Toronto East General Hospital, please contact Debbie Owen, Planned Giving Officer at 416.469.6580 ext. 2161 or by email at dowen@tegh.on.ca.



Joseph H. Harris Legacy Society Members (left to right) Bill Bahen, Gord Swayze, Doreen Sharland and Ann Bahen at the annual Society luncheon, fall 2011.

We Appreciate Your Feedback: If you have any questions, comments, or ideas, please do not hesitate to contact Toronto East General Hospital Foundation. We'd love to hear from you. www.tegh.on.ca

TEGH Foundation:

Room A-128, 825 Coxwell Avenue, Toronto, ON M4C 3E7 Tel: 416.469.6003 Fax: 416.469.6605
Charitable Registration Number: BN 11925 RR0001

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